

### **Title: Veda Chanting**

#### Objectives of the Practice-

Veda chanting is the oral recitation of sacred texts from the Vedas, the oldest scriptures of Hinduism. It is a precise and disciplined practice that has been preserved through an unbroken oral tradition for thousands of years.

#### The Context -

Historical Context, The Vedas—Rigveda, Yajurveda, Samaveda, and Atharvaveda—are said to have been composed between 1500 and 500 BCE. This oral transmission is rooted in the Guru-Shishya parampara (teacher-student lineage), emphasizing discipline, accuracy, and reverence. Preservation and Challenges, Veda chanting is not merely a tradition but a bridge connecting the past, present, and future—a living embodiment of humanity's quest for the eternal truth.

#### The Practice-

Veda chanting is the oral recitation of sacred texts from the Vedas, the oldest scriptures of Hinduism. The chanting adheres to strict rules of pronunciation, pitch, intonation, and rhythm to maintain the sanctity and meaning of the verses.

#### Evidence of Success –

Veda chanting, the ancient practice of orally reciting sacred Vedic hymns, holds a significant place in the cultural and spiritual heritage of India. Rooted in the oral tradition of transmitting knowledge across generations, this practice is more than a ritual; it is a science of sound, rhythm, and resonance that has demonstrated remarkable success in various domains of life.

#### Resources Required -

The Paucity of Funds is the major problem encountered to strengthen the practice

### **Title: Capacity Building**

#### Objectives of the Practice-

The prime aim and objective of this practice is to understand students on an individual level and to enhance their abilities by organizing various competitions. Events conducted under this initiative include quiz competitions, essay competitions, debate competitions, seminar presentations, group discussions, poster-making competitions, and more.

#### The Context -

The goal is to establish a process that transforms attitudes and behaviors, enhances knowledge, and builds skills, while providing opportunities for active participation and knowledge sharing.

#### The Practice –

The primary capacity-building methods employed include mentoring, organizing academic competitions, encouraging participation in inter-college competitions, and conducting seminars, among others.

#### Evidence of Success –

The students are showing improvements and taking interest in the practice and have developed a keenness for developing skills. Problems Encountered and Resources

#### Required -

The Paucity of Funds is the major problem encountered to strengthen the practice